# HTFS NEWS

'inquisitive thinkers, challenge seekers, kind hearts'

7th February 2020

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## Class 5 Residential to Robinwood

Class 5 have had a fantastic three days on their residential to Barhaugh Hall near Alston on the Northumberland/Cumbria border. The weather was excellent and the children have all had the experience of challenging adventurous activities and have thoroughly enjoyed their stay.





<u>Cross Country Trials</u> Well done to our children from Class 2 to 5 who all worked hard in the cross country trials at Berwick Middle this week. They certainly rose to the challenge!



# Children's Mental Health Week

This week has been Children's Mental Health Week and this year the theme is 'building resilience' and teaching children to 'bounce forward' from life's challenges. The week aims to show that while we cannot always change children's circumstances, we can teach



them the skills to cope with the difficulties life throws at them. As part of the week Class 5 led workshops in all the classes on mindfulness and meditating.

#### Share the Miracle

We are a registered station for **sharethemiracle**... and we are currently collecting Easter Eggs to give to the vulnerable in our community. Donations are gratefully received and can be handed to class teachers or the school office.



#### **Diary Dates**

<u>Tues 11th Feb</u> Internet Safety Day

<u>Tues 12th Feb</u> Class 5 visit to the Police Station

Tues 12th Feb Class 3 and 4 Visit from Field to Fork

<u>Friday 14th Feb</u> Half-term holiday

### School reopens Monday 24th February

Mon 24th Feb Rugby coaching for Class 4 and 5 - please bring outdoor kit.

<u>Wed 26th Feb</u> Holy Trinity celebrates Pancake Day

Wed 26th Feb Cross Country at Longridge starting at 1pm

<u>Wed 4th March</u> Operation Encompass visit to Class 2

<u>Thur 5th March</u> PTA Film Night

#### Shepherds Hut Art Gallery

Class 3 are delighted to invite you to view their work following their artists visit. The gallery will be open before and after school starting on Monday.

# Police Officer Visit Thank you to Gail Cassidy our Neighbourhood Officer who visited Class 5 as part of Mental Health Week to talk about

as part of Mental Health Week to talk about the importance of online safety and the role it can play in how we feel, keeping safe and having a positive mental outlook.



<u>Picture News at Home</u> Topic next week - Should sportswear be banned if it gives an unfair advantage?

